



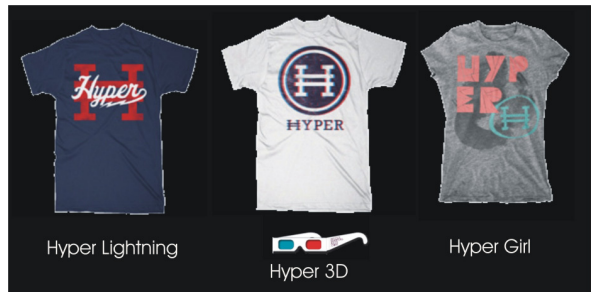
HOLIDAY TRAINING CAMP

A whole day of Hyper training, fun and games over the school holidays.

When: Monday 16th January
Where: The Jang (Carseldine)
Time: Starts 10am, finishes 3pm.
What to bring: Lunch and snacks, drink bottle, Hyper shirt, Hyper sweat band.
Who can come: All yellow belts and above, junior and senior.
How much: \$69 for the whole day!
 Freebies include a new Hyper shirt, 2x Hyper Pro training DVD's, Hyper training camp certificate, New Hyper sweat band, Total value \$160

How to book: Book and pay at the office

**Check out the new range Hyper Shirts
They'll be here for the Hyper Day
One free shirt per sign up**



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