

★ Queensland Technical Open



A fun day and we learnt a great deal about what the judges are looking for. Most of our competitors will tell you there is a big difference in standard between poomse for grading and poomse for tournament (if you want to be competitive that is).

Higher level poomse means higher level martial artists and with that in mind we will be instructing to a higher standard of poomse during the general trainings.

We will give greater emphasis to the smaller details of poomse as well as the gross overall movements we currently teach. This will help everyone become better martial artists including the competitors.

The Results were:

Individual Poomse –

Scott Somerton – Gold, Erin Staib – Gold, Stephanie Brown – Gold, Andrew Brown – Bronze

Team Poomse –

White Dragons – Bronze, Purple Dragons – Bronze, Black Dragons – 4th, Golden Dragons – 5th.