



TERMINOLOGY QUESTIONS

White grading to Yellow

- Q.** Why do we bow? **A.** To show respect
Q. What do you call your uniform? **A.** Dobok
Q. What is your place of training called? **A.** Dojang
Q. What is the Korean name given to an instructor? **A.** Sabonim
Q. Why do we learn Korean terminology? **A.** TKD comes from Korea

Yellow grading to Yellow 2

- Q.** Meaning of Il Jang? **A.** Symbolises heaven and the basic actions of Taekwondo.
Q. Why do we Kihap? **A.** For focus, confidence, correct breathing.

Yellow 2 grading to Yellow 3

- Q.** Meaning of E Jang? **A.** Symbolises internal strength and external gentleness.
Q. What does the word TAE-KWON-DO mean? **A.** The art of hand and foot fighting.
Q. Count to ten in Korean. **A.** Hana, Dul, Set, Net, Dasot, Yosot, Ilgop, Yodolp, Ahop, Yol

Yellow 3 grading to Blue

- Q.** Meaning of Sam Jang? **A.** Symbolises fire, meaning development of training attitude.

Blue grading to Blue 2

- Q.** Meaning of Sa Jang? **A.** Symbolises thunder, meaning great power and dignity.

Blue 2 grading to Blue 3

- Q.** Meaning of O Jang? **A.** Symbolises wind, meaning both mighty force and calmness.

Blue 3 grading to Red

- Q.** Meaning of Yuk Jang? **A.** Symbolises water, meaning constant flow and flexibility.

Red grading to Red 2

- Q.** Meaning of Chil Jang? **A.** Symbolises a mountain, meaning the spirit of firmness and strength.

Red 2 grading to Red 3

- Q.** Meaning of Pal Jang? **A.** Symbolises earth, meaning the beginning and the end.

Red 3 grading to Cho Dan Bo

- Q.** Meaning of Taeguk
A. Taeguk translates as “the great absolute”. The blue and red yin and yang symbol represents the balance and harmony between all life forces. The character for Taeguk means “a king”.